



**SOCIETY** *for the*  
**PREVENTION** *of*  
**TEEN SUICIDE**



*12th Annual Golf & Tennis Classic*  
*June 19<sup>th</sup>, 2017*  
*Eagle Oaks Golf & Country Club*  
*Farmingdale, NJ*

*In Love and Dedication*



*Sean Quigley*

*and to the families and friends  
of those lost to suicide*

# *Welcome*

We would like to welcome each one of you to our 12th Annual Golf Classic and 6th Annual Tennis Outing here at our home Eagle Oaks Golf and Country Club. The Golf Outing is the largest event in our SPTS calendar and today is a day to thank you all for being part of our cause. Without your generosity and support it would be impossible for us to continue to help the youth and families across the country. Our work is as important today as it was when we began this journey over thirteen years ago. Through the programs we have developed and activities we have been involved in we know lives have been saved. Those saved lives are a direct result of your generous support and commitment to our mission.

We are proud to share with you the accomplishments of SPTS over the past year and would especially like to highlight the success of our wonderful Youth Council initiative; a program we are most proud of as it is directly impacting young lives. We hope you are as touched as we are by some of their stories that will be shared with you this evening.

As always we would like to recognize the many people that donate their time and talent to make an event like this so special. Our golf committee chaired by Todd Cohen and our hard working volunteers continue to do a wonderful job in organizing the day. We are also most appreciative to the ownership and staff of Eagle Oaks in preparing the golf course and facilities to accommodate you, our loyal supporters, in the style and comfort that has become synonymous with our day here at Eagle Oaks.

As is mentioned every year, a special thank you is due to our families and friends who have accompanied us on our journey from the beginning and given us the strength, determination and love to make a positive difference in the lives of many families. At our dinner tonight we will be honoring two very special people for their support and commitment to SPTS since we formed the organization back in 2004 - Jerry and Nancy Grasso. This award cannot begin to express the appreciation and gratitude that we have for the Grasso's and the influence they have had, and continue to have, in our organization.

It is truly amazing and humbling to think that through the passing of these now many years most of you here today are repeat supporters with the majority of you attending every year. We truly are blessed to be the beneficiaries of your support and thank you from the bottom of our hearts.

Please remember to visit our website [www.sptsusa.org](http://www.sptsusa.org) where you will find useful information and resources for educators, parents, and kids as well as keep informed about the activities/projects we are working on.

Enjoy your day of golf and tennis and thanks again to our golf committee, our loyal supporters and everyone involved in putting this event together.

With heartfelt thanks,

*The Quigley Family*

## *2016-2017 Achievements and Activities*

In September 2016 we welcomed Phyllis Alongi on staff as SPTS Clinical Director. Phyllis, a long time Monmouth County resident boasts decades of experience as an educator, in school based counseling, private practice and trauma response in Ocean County following Superstorm Sandy. Phyllis has very quickly become an essential part of the SPTS team. In December, she and six additional highly qualified trainers were certified by Hazelden Publishing as Lifelines Trainers. This increased the capacity of the organization to respond to local communities in need of suicide prevention training. Phyllis has ingratiated herself in the numerous Monmouth County coalitions and task forces that SPTS participates as a member in and has started to participate in similar groups in Ocean, Atlantic and Cape May counties which will effectively expand our reach and increase recognition of our organization and the vital resources we have available to educators, parents and teens.

Phyllis provided Lifelines implementation training to the school districts of Hamilton Township in Mays Landing and Ocean City. In September she will begin the training for Jackson Township. In May, thanks to grant funding from the Ocean-First Foundation, Phyllis provided Lifelines Intervention and Prevention training to educators in Monmouth and Ocean Counties. SPTS continues to respond to request and present to school administration across the state and will hopefully have many more local schools to include in this list next year.

SPTS remains one of the nation's leading experts in teen suicide prevention. In the spring when Netflix released its new series "13 Reasons Why" there was a great deal of unrest and concern around the safety of the messaging to youth. Phyllis Alongi fielded over a dozen requests for interviews from media outlets to share her knowledge and the SPTS view. SPTS was most proud of her contribution to a 2-page article printed in People Magazine quoting her expertise and listing SPTS as a vital resource. If you, as a parent or loved one of teens, have not yet educated yourself on this series we invite you to review the blog post on our website or speak with Phyllis directly.

September also marked the beginning of the second year of the SPTS Youth Council supporting the high school students of Monmouth and Ocean Counties. We are proud to report that we had 66 students representing 21 schools who attended monthly meetings to increase their personal knowledge about suicide prevention, learn positive, healthy coping mechanisms and life skills that will assist them in navigating their life journeys, and continued to inform the programs and resources SPTS offers to youth. The Youth Council was the driving force behind the May "Walk for Wellness: A Stride Against Suicide". The student committee planned the event, solicited sponsors, designed the logo and recruited walkers. They played an instrumental role in the success of SPTS Awareness Walk and will leave their legacy with the continuation of this event as a tool to increase awareness and decrease stigma within our community. The event was acknowledged with a proclamation from the Monmouth County Board of Chosen Freeholders, presented by John P. Curley, naming May 7 as "Strides Against Suicide Day."

## *2016-2017 Achievements and Activities*

The council, once again, helped advise SPTS to determine the workshop topics for the 2017 Monmouth County Youth Wellness Summit. Thanks to a partnership with Brookdale Community College, arranged by new Board member, Anne LaPorta, the Youth Wellness Summit was able to be offered to public and private high schools in both Monmouth and Ocean Counties. The Youth Wellness Summit was partially funded by a grant from the Manasquan Bank Foundation and supported by numerous local businesses. As a result of the late March snowstorm this year, the event was rescheduled and hosted on May 23, 2017 with close to 200 sophomores and juniors from 24 public and private schools in the county convening for a day of wellness. Students and staff participated in activities and workshops centered around mental and physical health and wellness.

SPTS was excited to announce the expansion of the Youth Council at the Youth Summit. The 2017-18 academic year will introduce two Youth Councils - one for Monmouth County and one for Ocean County. This effort will increase the programming into Ocean County and allow SPTS to share the important lessons and messaging with more teens across the state. Another positive addition to the Youth Council program was the introduction of 3 scholarships for high school seniors involved. The Board of Directors and Staff believes so firmly in this program they wanted to show appreciation to those involved and honor the hard work and dedication. With grant requests submitted, SPTS hopes to expand into a third county and/or introduce a Middle School Youth Council for the 2018-19 academic year.

Grant funding provided by The Provident Bank Foundation allowed SPTS to offer Teen University workshops to students in Monmouth and Ocean Counties. Since we know that students are not receiving Evidence-based suicide prevention curriculum in schools, SPTS has afforded this valuable opportunity to students in a community workshop format. The students who have attended the first two sessions praised the information discussed, the friendly and knowledgeable presenters and confirmed value of and the need to learn this information. SPTS will be announcing the summer and fall dates shortly and hope that you will encourage teens in your life to join us.

Act on FACTS: Making Educators Partners in Youth Suicide Prevention continues to be one of the top training programs in the country. We are thrilled to announce that we surpassed the 200,000 mark with number of educators who have completed our course. Resulting from an existing relationship with the New York City Department of Education, SPTS trained 30 of their staff to present the training to school staff across the 5 boroughs to fulfill regulations introduced by the School Chancellor of New York City. These individuals have presented to over 10,000 of their peers since February 2016. Additionally, SPTS has presented in person to over 2000 school staff in New Jersey. Phyllis recently presented a Train the Trainer webinar to afford the opportunity to 25 individuals to train in Osceola County Florida.

## *2016-2017 Achievements and Activities*

The SPTS team continues to grow and strengthen. Joanna Ollinick joined the team as the Youth Council Manager and did an amazing job building the program over this last year. Joanna's experience as a school guidance counselor combined with her outstanding personality and genuine demeanor provided the best experience for our council members and we look forward to another year with her as Monmouth County Youth Council Manager. Marcie Bradley, LCSW will be joining SPTS as the Ocean County Youth Council Manager. Marcie is the school social worker for Point Pleasant Schools and we are confident she will provide nothing but the best to the high school student participants in Ocean County. Colleen Corbett recently joined the team as Office Assistant and has complimented the office very well, stepping up to assist with managing the Youth Wellness Summit planning and the Golf & Tennis Outing registration process. We look forward to Colleen growing with the organization. Samantha Wilkins celebrated her first year anniversary with SPTS and expanded her family in January when she and her husband welcomed their first child. SPTS Executive Director, Dawn Doherty, will be celebrating her 5th year with the organization and third in the ED role. She has been representing SPTS as a member of the 2017 NJ Lead Class and continues to build relationships at the local and state level that will help enhance suicide prevention efforts across NJ. SPTS has been honored to welcome new members of the Board of Directors with the induction of Curt Knazick, Rob Marrone and Malia Segal, LSW in November and Anne LaPorta in May.

We would also like to highlight outstanding third party fundraising that SPTS has been honored to be the recipient of. In the fall, Tiffany Gibbs selected SPTS to benefit from her Gran Fondo bike event and raised nearly \$25,000 to help support our programs. Stacy Brief, who many of you heard from at the Wine Tasting in the Fall has continued her support to SPTS during her first year of college. SPTS is also grateful to the Estate of Larry Paragano who donated \$10,000 to the mission of SPTS. Sargent Greg Bogert of the Riverdale Police Department has been raising money over the past year to bring Lifelines Training into the Butler School System, which should hopefully be happening in the fall. Another great THANK YOU to everyone who supported our OceanFirst Crowdrise campaign resulting in SPTS being named grand prize winner and the recipient of the \$20,000 grant that will be used to support our local programming. On a regular basis we receive donation checks from school and community groups who raise funds for our very important cause. We are so appreciative and welcome you to contact us to learn more about supporting SPTS with your school, youth group or company. Too often families who have lost loved ones to suicide request memorial donations to SPTS; this is a humbling reminder of the reason we are in existence. With your continued support we know that we can positively impact communities and save young people from suicide.

# *Program of Events*

- 7:00 AM Morning Shotgun Registration &  
Breakfast
- 8:00 AM Morning Shotgun Tee-Off
- 8:00 AM A Flight Tennis Registration &  
Breakfast at Tennis Courts
- 8:30 AM A Flight Round Robin
- 11:00 AM B Flight Tennis Registration at  
Tennis Courts
- 11:30 AM BBQ Lunch at Clubhouse  
Afternoon Golf Registration
- 12:30 PM B Flight Round Robin
- 1:00 PM Afternoon Shotgun Tee-Off
- 6:30 PM Dinner Reception  
Award Presentation  
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## AFTERNOON ACTIVITIES

30-Minute Massages  
Card Room & Billiard Table  
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**Drawing to be held on September 28,  
2017 at 8:00 pm at Eagle Oaks**

\*Trip must be completed by September 30, 2018. No cash value.  
Winner does not need to be present to win.



# *Special Thanks To*

The management and staff of Eagle Oaks Golf and Country Club for their cooperation and generous use of their facility.

Your caring and generosity is greatly appreciated.

From Society for the Prevention  
of Teen Suicide

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Dawn Doherty

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Jerry Grasso

Donald Quigley

Nancy Grasso

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## *SPTS Staff*

Dawn Doherty, *Executive Director*

Samantha Wilkins, *Development Officer*

Phyllis Alongi, *Clinical Director*

Joanna Ollinick, *Youth Council Manager*

Colleen Corbett, *Office Assistant*

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## Get Started!

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## How Do I Find Items?

You can find items by pressing one of the four BLUE buttons on the Main Menu:

Enter Item Number  
View All Items

View Categories  
Items with No Bids

## How Do I Bid On An Item?

You can bid from anywhere, any time! Find the item you are interested in by pressing one of four BLUE buttons above. Find the item and press 'Submit Bid'.

## Where Are The Items I Bid On?

The items you bid on are listed on [View My Items](#).

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## Can BidPal Automatically Bid For Me?

Once you have submitted a bid, you will be prompted to enter a Max Bid. Upon doing so, BidPal will automatically bid on your behalf, by increment, whenever you are outbid, up to your Max Bid amount. **NOTE:** Only the current high bidder can enter a Max Bid.

## Was I Outbid?

If you see a flashing OUTBID message, tap it or press [View My Items](#) to see what you were outbid on!

## Need Help?

If you need assistance, please look for a BidPal expert wearing a **BidPal** lanyard. We can HELP!

Question?  
See a volunteer in a green lanyard.

# *Silent Auction Rules*

1. We invite you to join the fun in our Silent Auction. Please take a minute to read the rules governing the auction. If you have any questions feel free to ask our Auction Professionals. Thank you for your generosity.
2. Each item is listed on BidPal, which describes the item and states a minimum bid and bid increments.
3. If you wish to bid an item, please do so using BidPal via your mobile device.
4. Please do not retract any bid. Retracting a bid costs SPTS money, and in some cases, an opportunity to sell an item.
5. Announcements will be made before the end of the Silent Auction.
6. If you have placed the winning bid on an item please enter your credit card information, if you have not already done so, to BidPal on your mobile device. If you do not wish to enter your credit card information you can visit one of the “Check Out” tables to pay with cash, check or credit card.
7. Upon conclusion of the auction, please bring your receipt or mobile device with proof of payment to the auction room. Staff will be there to assist you with your items. If for any reason you are not able to transport your items tonight please see Dawn Doherty to make alternate arrangements.

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Nancy Grasso for  
your committment to  
SPTS*





*Whirlpool would like to  
thank SPTS and  
Jerry & Nancy Grasso  
for their efforts on  
behalf of our youth*

*Keep up the  
Great Work!*

*Thank you Jerry  
and Nancy for your  
dedication to SPTS*

*Todd and Lynda Cohen*



*Frank Shea and the team  
at David S. Lapine are  
proud to support the  
Society for the Prevention  
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*Thank you Nancy and  
Jerry Grasso for your  
dedication to SPIS*

Heartfelt Congratulations  
Jerry & Nancy Grasso

We are so thankful for your  
outstanding support of SPTS  
since its inception.

We truly value and treasure your  
friendship and all you have  
done for us for so many years.

Don, Roshan,  
Frank and Matthew Quigley

*To SPTS*



*Thank you for all that  
you do*

*Thank you Jerry & Nancy  
for your committment  
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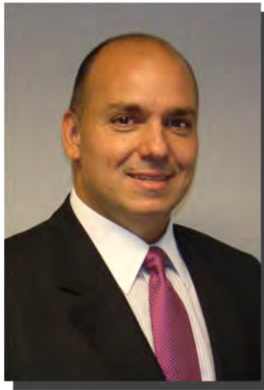
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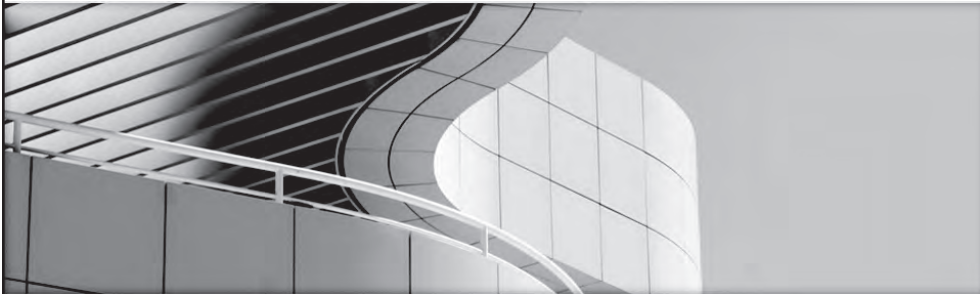


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**Jerry & Nancy  
Grasso**

**for their dedication, support,  
and unwavering commitment**





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*Dawn & John Reinhardt*

It is our privilege to  
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*Thank you Jerry and Nancy  
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## Tara Chalakani

MS, NCC, LPC, ACS, RN

Tara Chalakani is a Licensed Professional Counselor who is passionate about her work. Her background includes various mental health care settings with individuals, couples, families and groups ages 3 and up. Tara is holistic and views each person as an individual. Tara has extensive experience and is well versed in several counseling modalities including Sandplay Therapy. Tara is an Approved Clinical Supervisor. Tara is a trained Reiki, Acupressure and Healing Arts practitioner.

Contact Tara 732-632-7745 | Contact Phyllis 732-759-4244  
tara@peacefulmindscounseling.com | phyllis@exhalehealingartsllc.com



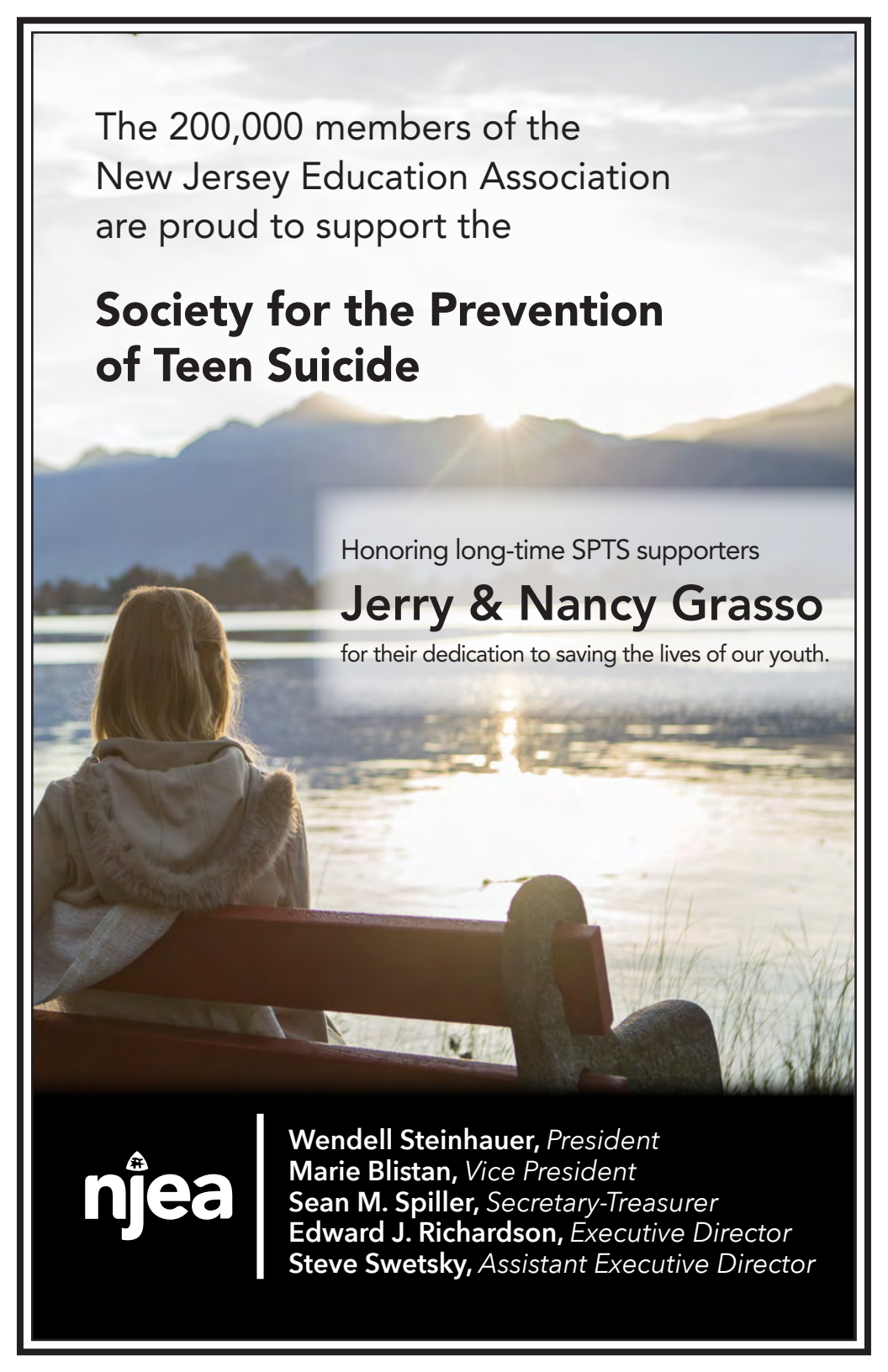
## Phyllis Alongi

MS, NCC, LPC, ACS

Phyllis Alongi is a Licensed Professional Counselor who has numerous years of counseling experience with children, adolescents, and adults as well as over 10 years of teaching experience. Phyllis takes a non-judgmental, empathetic approach to the therapeutic relationship. Phyllis utilizes a myriad of counseling modalities including Sandplay Therapy. Phyllis is an Approved Clinical Supervisor. Phyllis is a Reiki, Acupressure and Healing Arts practitioner.

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*Jerry and Nancy -  
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*Marlboro*

The logo for OSTERIA CUCINA RUSTICA features the name in a serif font. 'OSTERIA' is in a large, dark grey font, and 'CUCINA RUSTICA' is in a smaller, lighter grey font below it. The text is centered on a light grey, textured rectangular background. A dark grey square is positioned to the left of the 'O' in 'OSTERIA'.

*Rumson*

The logo for FROMAGERIE features a large, ornate, brown letter 'F' with decorative flourishes. Below the 'F' is the word 'FROMAGERIE' in a smaller, brown, serif font. The entire logo is centered on a light brown, textured rectangular background.



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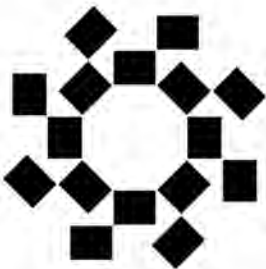
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*In memory of Lisa Feldman*

*-Jenna Feldman*

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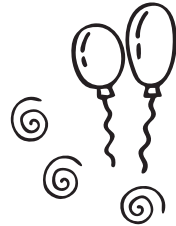
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*Keep Up the Good  
and Necessary Work*

*Phyllis and Mickey  
Schreiber*

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*Volunteers do not necessarily have  
the time; they just have the heart.”*

*-Elizabeth Andrew*



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*Sips in September*

*Thursday, September 28, 2017*

*6:00 - 9:00 pm*

*Eagle Oaks Country Club*

*Enjoy fine wines and spirits*

*Pebble Beach Raffle  
Grand Prize  
Drawing  
8:00 pm*

Proceeds to benefit the Society for the Prevention of Teen Suicide, a local 501(c)3 that provides training, consultation and many free resources for teens, parents and educators in NJ and across the country.

*Congratulations and  
Wishes of Luck and  
Success to our Youth  
Council Senior Class!*

Kathleen Allen - Ethan Beacher - Josh Beacher

Rachel Bixby - Allison Calvanico - Tiffany Chan

Kerianne Clayton - Nicole Crockett

Nicole Dykeman - Skylar Eber - Maura French

Olivia Gemarro - Ethan Greenberg

Madison Harkness - Emilija Jeskeviciute

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Emma Marchisin - Anna McDonough

Julia Pardee - Shaina Patel - Ariana Pitruzzello

Julianna Poupard - Daniel Simon - Olivia Smith

Justin Valletta - Olivia Werner

The SPTS Youth Council is open to high school students enrolled at a public or private school in Monmouth or Ocean County for the 2017-2018 academic year.

To apply for the Youth Council, please visit [www.sptsusa.org/youthcouncil](http://www.sptsusa.org/youthcouncil) and download the Ocean County or Monmouth County application.

Applications are due by June 30th, 2017

Wednesday  
June 28, 2017  
7:00 pm

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### Moderator

Phyllis Alongi, MS, NCC, LPC, ACS  
SPTS Clinical Director

### Expert Panel

Anthony Castellano,  
LCSW, LCADC, CCS

Preferred Behavioral Health

Tara Chalakani, LPC, NCC, ACS, RN  
Preferred Behavioral Health

Dr. Joanne Jodry, LPC, LCADC  
Monmouth University

Kathy Molyneaux, M. Ed  
Point Pleasant Schools

Heather Soto, LCSW  
Community YMCA  
Traumatic Loss Coalition



## Raising Resilient Teens

The Society for the Prevention of Teen Suicide invites you to attend a presentation for parents/caregivers to discuss some of the difficulties of parenting a teen in challenging times. The evening will feature an interactive panel of community experts for you to learn from and include the opportunity to ask questions in a comfortable environment.

This engaging presentation will address the many stressors and obstacles teens are faced with today, while helping parents and/or caregivers gain the awareness and knowledge needed to have those "difficult" conversations with their teens.

Panel discussion topics will include teen suicide prevention, information on the warning signs and risk factors, current trends in risk behaviors among adolescents, the negative impact of social media, local resources, and more.

*Light Refreshments Served. No Fee to Attend.*

### Registration Appreciated

[colleen@sptsusa.org](mailto:colleen@sptsusa.org) or (732) 410-7900



This program is made available by grant funding provided by:



The Society for the Prevention of Teen Suicide is a non-profit organization founded in 2005, based in Freehold, that provides Best Practices suicide prevention programs and resources across the United States. SPTS offers training for educators; presentations to parents and community groups; and manages the Youth Council and hosts the annual Youth Wellness Summit for Monmouth and Ocean County high school students to educate teens about suicide prevention, increase awareness, and help decrease stigma to help #saveteens.

Society for the Prevention of Teen Suicide [www.sptsusa.org](http://www.sptsusa.org)





## You're Not Alone...Get Connected

Find yourself in a place where it isn't what you thought it would be?

Is it hard to explain to yourself - or anyone else - why you're feeling this way?

There is help out there...  
pick up your phone

**NEW JERSEY  
SUICIDE  
PREVENTION  
HOPELINE**

855-NJHopeline  
(855) 654-6735  
[www.njhopeline.com](http://www.njhopeline.com)



**NJTRANSIT**  
The Way To Go.



**NATIONAL  
SUICIDE  
PREVENTION  
LIFELINE**  
1-800-273-TALK (8255)  
[suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)



**SOCIETY for the  
PREVENTION of  
TEEN SUICIDE**

[WWW.SPTSUSA.ORG](http://WWW.SPTSUSA.ORG)





**The mission of the Society for the Prevention of Teen Suicide is to reduce the number of youth suicides and attempted suicides by encouraging public awareness through the development and promotion of educational training programs.**

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**[www.sptsusa.org](http://www.sptsusa.org)**



**[facebook.com/sptsusa](https://facebook.com/sptsusa)**



**@SPTSUSA**

*The  
Knazick  
Family*



**Robert F. Agel  
Heather Agel-Puccio**

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