THE LIFELINES TRILOGY™: PREVENTION, INTERVENTION, & POSTVENTION

School communities who have experienced a death by suicide no longer need to be convinced of the reality of teen suicide: national data tell us that at-risk students are present in every school, at every grade level. Yet, how can school implement methods for identifying these at-risk students and addressing their needs - all while remaining focused on their primary functions of educating all students in a safe and fostering environment for learning? The **Lifelines Trilogy™** is the tool that makes school-based youth suicide prevention possible and practical.

Developed for use in schools, *Lifelines* is a three-part comprehensive program for youth suicide awareness and prevention that provides a practical, manualized Best Practice and Evidence Based approach. Consistent with both the mission and mandates of the school culture, the **Lifelines Trilogy™** is driven by the development needs of elementary, middle and high school students through proven models for **Prevention**, **Intervention**, and **Postvention**.

Here’s what you’ll find in each component of the **Lifelines Trilogy™**:  

<table>
<thead>
<tr>
<th><strong>Lifelines Prevention</strong></th>
<th><strong>Lifelines Intervention</strong></th>
<th><strong>Lifelines Postvention</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>sets the foundation for a school’s competence in youth prevention by providing:</td>
<td>is the indispensable guide for identifying and responding to students who may be at suicide risk. Designed for school support and resource staff from elementary through high school, it includes:</td>
<td>was originally conceived as a tool to guide a school’s response to a death by suicide, it has been adapted to reflect responses to all types of traumatic loss events. It outlines:</td>
</tr>
</tbody>
</table>
| - Guidelines for administrative policies and protocols that reflect confidentiality and liability guidelines  
- A manualized awareness presentation for faculty and staff  
- A video presentation for parents  
- A four-session Evidence-Based curriculum for middle & high school students | - Practical tools for talking about suicide in a conversational manner that is developmentally appropriate - the “Tell Me More” model  
- Training videos that demonstrate techniques for engaging challenging students and parents in the intervention and referral process  
- Detailed information about potentially higher risk students including those who are bullied, identity as LGBTQ, are gifted, or are returning to school after a suicide-related absence | - A proactive and detailed response plan that can be tailored to meet the individual needs of a school or the circumstances of a loss  
- Resources for identifying and training members of a crisis team  
- Over 250 pages of resource templates to help manage and contain the impact of traumatic loss for all members of the school community |

While these are self-contained curriculum, each component is designed to be presented in a full-day training format that facilitates the incorporation of contemporaneous content by **Lifelines Trilogy™** authors and addresses adaptation of content to individual school needs.

**Lifelines Trilogy™** is published by Hazelden, the largest publisher of evidence-based school-based prevention programs in the United States.

For more information visit: [www.sptsusa.org](http://www.sptsusa.org)