What does it mean to be a TRUSTED ADULT?

Hosted by SPTS and Atlantic Health System at Overlook Medical Center:

Thursday, May 23, 2019
7:00 to 8:30pm
Overlook Medical Center
Bouras Auditorium
99 Beauvoir Avenue, Summit, NJ

This presentation focuses on how to be a "trusted adult" for the youth in your life.

- Examine personal feelings & attitudes about suicide
- Review the definition of the crisis of suicide
- Review the warning signs and risk factors
- Know how to foster protective factors
- Identify what it means to be a trusted adult

SOCIETY for the PREVENTION of TEEN SUICIDE

The Society for the Prevention of Teen Suicide is a non-profit community organization dedicated to increasing awareness and reducing the stigma of suicide through specialized training programs and outreach resources that empower teens, parents and educational leaders with the emotional guidance and skills needed to help those at risk of suicide and build a life of resiliency.