SUICIDE PREVENTION

The Role of the Trusted Adult

Teens who suffer from depression or sadness may feel that suicide is their only option, but nothing can be further from the truth. Join us for an important presentation, the Role of the Trusted Adult, and learn what you can do to help teens at risk for suicide.

Topics to be discussed include:
• Examining personal feelings and attitudes about suicide
• Reviewing the definition of the crisis of suicide and warning signs/risk factors
• Learning how to foster protective factors
• Identifying what it means to be a trusted adult

WHEN: TUESDAY, MAY 28 • 7:00PM
WHERE: HILLSBOROUGH YMCA, 19 E. MOUNTAIN ROAD

This presentation is made possible due to funding from The Provident Bank Foundation in partnership with local youth serving organizations listed below

For more information, contact Matt Gray at 908 369 0490 x722 or mgray@somersetcountyymca.org.